

# Finnish Cheerleading Federation



## COMPETITION INVITATION

Welcome to the May Madness Competition held at Valtti-Areena in Vantaa, Finland!

Finnish Cheerleading Federation welcomes international teams to compete in four categories: Cheer Open, Dance Open, Dance Hip Hop and Dance Jazz on Saturday 8<sup>th</sup> of May. These categories are also open to Finnish teams. On the same day Finnish cheerleaders also compete in beginners' cheer categories.

Participants of Open International categories are also welcomed to watch the Finnish Nationals in small group categories in the same venue without extra cost.

**Date:** 8th May 2010

**Place:** Valtti-Areena, Tikkurilan Urheilupuisto

**Address:** Läntinen Valkoisenlähteentie 52-54  
01300 Vantaa FINLAND

The venue is located approx. 20 km north from Helsinki,  
less than 10 km from the Helsinki airport.

**www:** [www.urheilupuisto.com](http://www.urheilupuisto.com)

### OPEN INTERNATIONAL CATEGORIES:

#### Cheer Open

- Age: Participants must be at least 16 years on 31st of December of the year of competition. Exception: Five (5) team members born in 1995 are allowed in the team.
- Category rules: ECA Cheer Senior Rules
- Note: Teams can be all-female or mixed

#### Dance Open

- Age: Participants must be at least 12 years on 31st of December of the year of competition.
- Category rules: FCF Junior Dance Rules

#### Dance Hip hop

- Age: Participants must be at least 12 years on 31st of December of the year of competition.
- Category rules: ICU Hiphop Dance Rules
- Note: Maximum routine time 1:30 min (one minute and thirty seconds)

## **Dance Jazz**

- Age: Participants must be at least 12 years on 31st of December of the year of competition.
- Category rules: ICU Jazz Dance Rules
- Note: Maximum routine time 1:30 min (one minute and thirty seconds)

The competition order and schedule will be announced two weeks before the competition.

**Note!** There is no official rehearsal. However, each team has practise time on the arena on the morning of the competition.

## **REGISTRATION**

The last day to sign up for the competition is Friday **9<sup>th</sup> April 2010**.

Signing up will happen with the excel entering form (attached) and by sending it to Finnish Cheerleading Federation via email [office@scl.fi](mailto:office@scl.fi). Your email will be confirmed once your registration has been received. If there are problems with signing up, please contact the office.

The registration fee for the Open Categories are 200€ per team, plus 3€ per each participant.

The registered teams will receive an invoice and the fees will be based on the information in the registration form.

Only the competitors are allowed entry to the dressing rooms and back stage.

## **COMPETITION LUNCH**

The venue provides lunch for the competition day at 9,00 € per person. The reservations are made in advance at the same time with the competition registration by 9.4.2010 at 15.00 CET. Possible food allergies should be mentioned in the reservation.

## **ACCOMMODATION**

Affordable accommodation is offered by the hostel in Tikkurilan Urheilupuisto next to the competition arena. They provide rooms for 1 – 8 people. Direct contacts to [hostel@urheilupuisto.com](mailto:hostel@urheilupuisto.com).

## **LICENSE / INSURANCE**

Please make sure that each competitor, substitute, spotter and coach has a valid sports licence and insurance that covers cheerleading sport. The organizer is not responsible of any possible injury during the competition and/or practice time.

## **CONTACT INFORMATION**

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### **Finnish Cheerleading Federation**

#### **FCF Office**

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#### **FCF Rules Committee**

Aino Palva  
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#### **FCF Competition Committee**

Heidi Paganus  
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